

Hopkins Center Therapeutic Recreation Calendar



HOPKINS CENTER
FOR REHABILITATION & HEALTHCARE

MARCH 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1</p> <p>10:00 Open Activities (rotates) 10:45 Sunday Mass - Chapel</p> <p>1:15 1:1 Sensory Visits -All 2:30 Live Music -(rotates) 2:30 Keyboard Vibes -(rotates)</p>	<p>2</p> <p>10:15 Funky Exercises 4th 10:45 Coffee Social -3&5 2:00 2nd Art Studio - AR 2:30 Art & Craft -3rd 2:30 Music w/ Barry -4th 2:30 Goodies Wagon 2nd 2:30 Purim -3rd 2:30 Manicure -5th 6:30 Phil's Stroll (rotates)</p>	<p>3</p> <p>10:30 Coffee Social - 2&4 10:45 Manicure - 3rd 11:00 Move to Motivate- 5th 2:00 Indoor Volley- 5th 2:30 Live Music- 4th 2:30 The Dragon Dance -MDR 6:30 Game Night! 4&5</p>	<p>4</p> <p>11:00 Trivia - 3&5 11:00 Yoga - 4th 2:00 4th floor Art Studio -AR 2:00 Movie Matinee 2:30 Active Games -5th 2:30 Goodies Wagon -2nd 2:30 Holi-Spring Festival -MDR 6:45 Happy Hour -5th</p>	<p>5</p> <p>10:30 Coffee Social - 2&4 10:30 Active games -5th 11:00 Fitness w/Mathew - 3rd 2:00 5th Art Studio - AR 2:00 Massage Therapy - 2nd 2:30 Super Bingo! 6:30 Catholic Prayers -Chapel 6:45 Trivia Night! - 2nd</p>	<p>6</p> <p>10:30 Active Gaves -4th 10:30 Coffee Social - 3&5 10:30 Bedside Activities - 2nd 2:00 Open Art Studio -AR 2:30 DIY Accessories -4th 2:30 Cooking w/Ana -MDR 6:45 Bowling Tour. -2nd</p>	<p>7</p> <p>10:15 AM Social- (rotates) 10:45 Moving to Music -All 11:30 Ind. Leisure - All 1:15 1:1 Sensory Visits -All 2:30 Active Games - Rotates 6:45 BINGO! -2nd</p>	
<p>8</p> <p>10:00 Open Activities (rotates) 10:45 Sunday Mass - Chapel</p> <p>1:15 1:1 Sensory Visits -All 2:30 Live Music -(rotates) 2:30 Keyboard Vibes -(rotates)</p>	<p>9</p> <p>10:15 Funky Exercises 4th 10:45 Coffee Social -3&5 2:00 2nd Art Studio - AR 2:30 Art & Craft -3rd 2:30 Cadio Drumming - MDR 2:30 Manicure - 4-5 2:30 Goodies Wagon 2nd 6:30 Phil's Stroll (rotates)</p>	<p>10</p> <p>10:30 Coffee Social - 2&4 10:45 Manicure - 3rd 11:00 Move to Motivate- 5th 2:00 Indoor Volley- 5th 2:15 Painting Class -MDR 2:30 JenJen Spa - 2nd 2:30 Music w/Art 3&5 6:30 Game Night! 4&5</p>	<p>11</p> <p>11:00 Trivia - 3&5 11:00 Yoga - 4th 2:00 4th floor Art Studio -AR 2:00 Movie Matinee 2:30 Residents' Café - 3rd 2:30 Active Games -5th 2:30 Bingo - 4th 2:30 Goodies Wagon -3rd 6:45 Happy Hour -5th</p>	<p>12</p> <p>10:30 Coffee Social - 2&4 10:30 Active games -5th 11:00 Zumba w/Mathew -3rd 2:00 5th Art Studio - AR 2:30 Recreation Store - MDR 6:30 Catholic Prayers -Chapel 6:45 Trivia Night! - 2nd</p>	<p>13</p> <p>10:30 Active Gaves -4th 10:30 Coffee Social - 3&5 10:30 Bedside Activities - 2nd 2:00 Open Art Studio -AR 2:30 DIY Accessories -4th 2:30 Table Games - 2&3 6:45 Bowling Tour. -2nd</p>	<p>14</p> <p>10:15 AM Social- (rotates) 10:45 Moving to Music -All 11:30 Ind. Leisure - All 1:15 1:1 Sensory Visits -All 2:30 Active Games - Rotates 6:45 BINGO! -2nd</p>	
<p>15</p> <p>10:00 Open Activities (rotates) 10:45 Sunday Mass - Chapel</p> <p>1:15 1:1 Sensory Visits -All 2:30 Live Music -(rotates) 2:30 Brooklyn Tabernacle Church group -MDR 2:30 Keyboard Vibes -(rotates)</p>	<p>16</p> <p>10:15 Funky Exercises 4th 10:45 Coffee Social -3&5 2:00 2nd Art Studio - AR 2:30 Music w/ Barry -3rd 2:30 Goodies Wagon 2nd 2:30 St. Patrick's Day Celebration -MDR 6:30 Phil's Stroll (rotates)</p>	<p>17</p> <p>10:30 Coffee Social - 2&4 10:45 Manicure - 3rd 11:00 Move to Motivate- 5th 2:00 Indoor Volley- 5th 2:00 The Happiness Factory- MDR 2:30 Live Music -5th 6:30 Game Night! 4&5</p>	<p>18</p> <p>11:00 Trivia - 3&5 11:00 Yoga - 4th 2:00 4th floor Art Studio -AR 2:00 Movie Matinee 2:30 Residents' Café - 3rd 2:30 Active Games -5th 2:30 Bingo - 4th 2:30 Goodies Wagon -4th 6:45 Happy Hour -5th</p>	<p>19</p> <p>10:30 Coffee Social - 2&4 10:30 Active games -5th 11:00 Fitness w/Mathew - 3rd 2:00 5th Art Studio - AR 2:00 Massage Therapy - 2nd 2:30 Super Bingo! 6:30 Catholic Prayers -Chapel 6:45 Trivia Night! - 2nd</p>	<p>20</p> <p>10:30 Active Gaves -4th 10:30 Coffee Social - 3&5 10:30 Bedside Activities - 2nd 2:00 Open Art Studio -AR 2:30 DIY Accessories -4th 2:30 Table Games - 2&3 2:30 Cooking w/Ana -MDR 6:45 Bowling Tour. -2nd</p>	<p>21</p> <p>10:15 AM Social- (rotates) 10:45 Moving to Music -All 11:30 Ind. Leisure - All 1:15 1:1 Sensory Visits -All 2:30 Active Games - Rotates 6:45 BINGO! -2nd</p>	
<p>22</p> <p>10:00 Open Activities (rotates) 10:45 Sunday Mass - Chapel</p> <p>1:15 1:1 Sensory Visits -All 2:30 Live Music -(rotates) 2:30 Keyboard Vibes -(rotates)</p>	<p>23</p> <p>10:00 Virtue Well - all 10:15 Funky Exercises 4th 10:45 Coffee Social -3&5 2:00 2nd Art Studio - AR 2:30 Art & Craft -3rd 2:30 Cadio Drumming - MDR 2:30 Manicure - 4-5 2:30 Goodies Wagon 2nd 6:30 Phil's Stroll (rotates)</p>	<p>24</p> <p>10:30 Coffee Social - 2&4 10:45 Manicure - 3rd 11:00 Move to Motivate- 5th 2:00 Indoor Volley- 5th 2:00 3rd floor Art Studio -AR 2:30 JenJen Spa - 2nd 2:30 Music w/Art 3&5 6:30 Game Night! 4&5</p>	<p>25</p> <p>11:00 Trivia - 3&5 11:00 Yoga - 4th 2:00 4th floor Art Studio -AR 2:00 Movie Matinee 2:30 Residents' Café - 3rd 2:30 Active Games -5th 2:30 Bingo - 4th 2:30 Goodies Wagon 5th 2:30 Spoken Words - 2nd 6:45 Happy Hour -5th</p>	<p>26</p> <p>10:30 Coffee Social - 2&4 10:30 Active games -5th 11:00 Zumba w/Mathew -3rd 2:00 5th Art Studio - AR 2:30 Guided Meditation - 2nd 2:30 Birthday of the Month -MDR 2:30 Super Bingo! 6:30 Catholic Prayers -Chapel 6:45 Trivia Night! - 2nd</p>	<p>27</p> <p>10:30 Active Gaves -4th 10:30 Coffee Social - 3&5 10:30 Bedside Activities - 2nd 2:00 Open Art Studio -AR 2:30 DIY Accessories -4th 2:30 Table Games - 2&3 6:45 Bowling Tour. -2nd</p>	<p>28</p> <p>10:15 AM Social- (rotates) 10:45 Moving to Music -All 11:30 Ind. Leisure - All 1:15 1:1 Sensory Visits -All 2:30 Active Games - Rotates 6:45 BINGO! -2nd</p>	
<p>29</p> <p>10:00 Open Activities (rotates) 10:45 Sunday Mass - Chapel</p> <p>1:15 1:1 Sensory Visits -All 2:30 Live Music -(rotates) 2:30 Keyboard Vibes -(rotates)</p>	<p>30</p> <p>10:15 Funky Exercises 4th 10:45 Coffee Social -3&5 2:00 2nd Art Studio - AR 2:30 Art & Craft -3rd 2:30 Manicure - 4-5 2:30 Goodies Wagon 2nd 6:30 Phil's Stroll (rotates)</p>	<p>31</p> <p>10:30 Coffee Social - 2&4 10:45 Manicure - 3rd 11:00 Move to Motivate- 5th 2:00 Indoor Volley- 5th 2:00 3rd floor Art Studio -AR 2:30 JenJen Spa - 2nd 2:30 Music w/Art 3&5 2:45 Resident Council- MDR 6:30 Game Night! 4&5</p>					<p>Programs are subject to change. Resident's funds available during banking hours. Daily mail/packages delivery, 1:1 Visit & Sensory Stimulation. Recreation materials provided daily & per request. Hair salon opens every other Tue & first Th 10am-4pm.</p>